

# COACHING PHILOSOPHY

## 1.) RESPECT ONE ANOTHER

- Think before you speak and make sure your actions back up your words
- Have a holistic approach and look for ways to help others

## 2.) COMMUNICATE

- Hold each other accountable on and off the field in a positive way
- Remember that conflict is ok as long as we are moving towards a resolution

## 3.) BE ON TIME

- Arrive at least 5-10 minutes early for all events both on and off the field

## 4.) HAVE A GROWTH MINDSET

- Look for ways to improve your knowledge of the game and ask questions
- Collaborate with others and work towards a common goal
- View mistakes as teachable moments and opportunities to learn

## 5.) PRACTICE WITH PURPOSE

- Be efficient in all areas of your development and look for ways to improve
- Remember that the quality of your reps trumps the quantity
- Move at “game speed” in drills and practices

## 6.) PLAY SMART and FAST

- Control the strike zone on offense and defense
- Study opposing players and expose their weakness
- Continuously put pressure on the opposing team

## 7.) FOCUS ON WHAT YOU CAN CONTROL

- Do your best to focus on controlling your thoughts, emotions, and responses
- Know the situation and your role every pitch: “W.I.N.” (What’s Important Now)

## 8.) HAVE YOUR PRIORITIES IN LINE

- Have an order to the things that are most important to you in your life
- Stand by these principles and remember them when making big decisions
- Here are mine in order of importance: Faith, Family, Field, Friendships